

# *Sexual Treatment Education & Prevention Services (STEPS)*

**mhs** MENTAL HEALTH SYSTEMS

*The goal of STEPS is to address and reduce sexual reactive behavior, foster safety and healing from trauma. STEPS has an Intensive Outpatient Program (IOP) and Structured Outpatient Program (SOP) based on the needs of each client.*

Do you know of a child or youth who is struggling with sexual behavior challenges?

## Services:

- SOP includes on-site school classes
- IOP treatment services available county wide
- Individual, family, and group therapy
- Assessment and treatment planning
- Crisis response planning
- Medication management
- Support and education
- Safety and relapse prevention planning
- Information and referrals

## Eligibility Requirements:

- Male/female youth ages 6-21 with sexually reactive behaviors
- SOP ages 12-21
- IOP ages 6-21
- Full scope Medi-Cal

## Referrals:

Referral packets are screened for eligibility within 48 hours. Youth and family are interviewed to determine level of care. Please email or fax referral packets to STEPS Intake Team at:

Phone: (858) 565-2510

Fax: (858) 408-9769

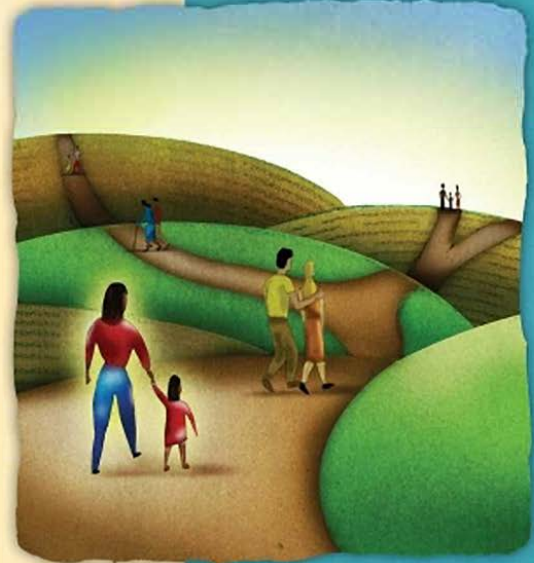
Email: [stepsreferrals@turnbhs.org](mailto:stepsreferrals@turnbhs.org)

Central Outpatient - Main Site  
4660 Viewridge Ave., San Diego CA 92123

North County Outpatient Satellite Site  
311 E. Washington Ave., Escondido, CA 92025

South Bay Outpatient Satellite Site  
637 Third Ave., Chula Vista CA 91910

Funded by the County of San Diego, Health and Human Services Agency, Mental Health Services.



*MHS dba TURN Behavioral Health Services is a non-profit agency founded in 1978 to improve the lives of individuals, families and communities facing substance abuse and behavioral health challenges.*

